

Trans Justice

Educate | Engage | Empower



Educate *Tools for Further Learning*

Current Statistics

- **Gallup Poll (released Feb. 2025):** 1.3% of adults in the U.S. identify as transgender (up from 0.9% in 2023). ([Gallup, 2024](#))
- **NCAA Statement (2024):** NCAA President Charlie Baker told a Senate panel there are fewer than 10 transgender athletes competing in college sports, contradicting Republican claims of a widespread issue and highlighting the political tensions surrounding transgender inclusion in athletics. ([The Hill, 2024](#))

Definitions

- **Gender:** Socially constructed norms, behaviors, and inter-related roles associated with being a woman, man, girl or boy, as well as our relationships with each other.
- **Gender Identity:** An individual's deeply held sense of their own gender, which may or may not correspond with their sex assigned at birth.
- **Gender Expression:** The external characteristics of how one displays their gender identity.
- **Sexual Orientation:** A person's inherent romantic or sexual attraction to other people.
- RMN: [Glossary of Terms](#)

Common Misconceptions

- **"Trans athletes have unfair advantages."**
 - Studies, including recent IOC-funded research, show trans women often face performance *disadvantages*. Inclusive hormone policies effectively maintain fairness, and exclusion contributes to significant mental health risks.
- **"Gender-affirming care is harmful or experimental."**
 - Major medical groups like the AMA, AAP, and APA agree that gender-affirming care is safe, evidence-based, and often life-saving (AMA, 2021; AAP, 2018; APA, 2020).
- **"The public is split on issues of trans inclusion."**
 - A 2021 poll found that over two-thirds of U.S. adults opposed bans on trans student athletes. Shifts in opinion are largely due to political attacks, not public consensus (PRRI, 2021).

Inclusive Policies Matter

- **Sports Bans:** Exclusion from sports significantly increases rates of anxiety, depression, and suicidal ideation among transgender youth.
- **Bathroom/Facility Bans:** Denying safe bathroom access correlates directly with increased harassment and reduced school attendance.
- **Wider Societal Impact:** Heightened scrutiny on trans individuals also leads to increased discrimination against cisgender people who do not conform to traditional gender norms or expectations.



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Engage *Opportunities for Ongoing Connection*

<p>Practical Next Steps for Individuals & Groups</p>	<ul style="list-style-type: none"> • Host educational discussions or workshops. • Publicly affirm trans inclusion through visible advocacy. • Support trans justice organizations financially or through volunteering.
<p>Local & State Advocacy</p>	<ul style="list-style-type: none"> • Contact your local ACLU branch, Equality Federation member groups, or state/city-based LGBTQ+ organizations. • Subscribe to advocacy groups for updates on legislation and events.
<p>Connect with Local LGBTQ+ Centers and Groups</p>	<ul style="list-style-type: none"> • Search directories like <u>CenterLink</u> to find nearby LGBTQ+ community centers. • Engage with local university LGBTQ+ resource centers, which often have outreach and education initiatives.

CenterLink LGBTQ+ Community Center Directory

Website: lgbtcenters.org

What it does: Provides a searchable database of LGBTQ+ community centers across the U.S. and internationally.

PFLAG (Parents, Families, & Friends of Lesbians & Gays)

Website: pflag.org

What it does: Offers local chapters nationwide, supporting families and allies alongside direct advocacy.

Equality Federation

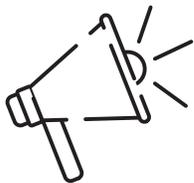
Website: equalityfederation.org

What it does: Connects you with state-based LGBTQ+ advocacy groups, keeping you informed about local and state advocacy initiatives.

GLAAD Resource List

Website: glaad.org/resourcelist

What it does: Lists various advocacy groups, categorized by region and focus areas.



Let your voice be heard!

Stay up-to-date on policies and continue to advocate for our Trans siblings on the local and state level

- **Advocates for Trans Equality (A4TE)** (transequality.org): Resources and policy advocacy.
- **Lambda Legal** (lambdalegal.org): Legal advocacy for trans rights.
- **Human Rights Campaign** (HRC.org): Reports, toolkits, advocacy opportunities.
- **Erin Reed's Trans Legislation Tracker** (erininthemorning.com): Updates and action tools.
- **Common Cause** (commoncause.org): Find elected representatives.
- **Ballotpedia** (ballotpedia.org): Elected officials lookup tool.



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Empower *Next Steps & Resources for Continued Engagement*



This RMN resource offers foundational information about transgender people, encourages reflection and discussion through scripture, and equips participants to offer greater love, affirmation, and support for transgender individuals in their communities.

LEARN MORE

Find this and more at rmnetwork.org/resources.

Transmission Ministry Collective is an online community for trans people of faith, with multiple monthly/weekly support groups, online resources for trans people, their families, and pastors: transmissionministry.com



Personal Reflection and Response Guide

<p>Begin with Reflection</p>	<ul style="list-style-type: none"> • Privately explore your understanding of transgender identities. • Identify and challenge personal biases or misconceptions. • Reflective journaling can help process thoughts, emotions, and growth areas.
<p>Healthy Conversations</p>	<ul style="list-style-type: none"> • Clearly state that discussions aim to affirm transgender dignity, not debate validity. • Use introductory framing to set respectful, growth-focused dialogues. • Establish guidelines emphasizing respect, confidentiality, and active listening. • Assign facilitators to gently redirect harmful conversations.
<p>Careful Storytelling</p>	<ul style="list-style-type: none"> • Ensure storytellers have full control and consent. • Prioritize privacy; allow anonymity if desired. • Clearly communicate how stories will be used, and regularly check in for comfort and safety.
<p>Mindful Digital Advocacy</p>	<ul style="list-style-type: none"> • Always secure explicit consent before sharing stories online. • Use affirming, respectful language. • Moderate digital platforms thoughtfully to protect privacy and safety.

