

## Connection 2020 Meal Plan

### FRIDAY & SATURDAY BREAKFAST BUFFET

Assorted Pastries, Muffins, Scones, Bagels (cream cheese)

Oatmeal (brown sugar, raisins)

Fruit Salad (along with whole fruit)

Yogurt with granola and berries

Tea, Juice (O.J. and Cranberry), Water

Coffee Station: creamer, sugar, spoons, cups

### FRIDAY LUNCH BUFFET

Spinach Salad With red onion, cranberry, roasted almonds (on side), feta, balsamic honey

Two-potato hash with lemon aioli and fin herb

Candied Green Beans With tomato, balsamic, brown sugar, onion

Sage and Mustard Crusted Pork Loin with apple/onion chutney

Yeast Rolls

Buttermilk Pound Cake with berries and chantilly cream on side

### SATURDAY LUNCH BUFFET

Field Green Salad With mushrooms, red onion, feta, sundried tomato, crouton (on side), and

basil vinaigrette

Beurre Blanc Rice with fin herb

Garlic Roasted Broccoli with chili flake and olive oil

Citrus Marinated Chicken with rosemary beurre blanc

Yeast rolls

Espresso Double Chocolate Chip Cookies

*Meals provided by Barley to Rise, a catering ministry housed at Belmont UMC.*