Connection 2020 Meal Plan

FRIDAY & SATURDAY BREAKFAST BUFFET
Assorted Pastries, Muffins, Scones, Bagels (cream cheese)
Oatmeal (brown sugar, raisins)
Fruit Salad (along with whole fruit)
Yogurt with granola and berries
Tea, Juice (O.J. and Cranberry), Water
Coffee Station: creamer, sugar, spoons, cups

FRIDAY LUNCH BUFFET
Spinach Salad With red onion, cranberry, roasted almonds (on side), feta, balsamic honey
Two-potato hash with lemon aioli and fin herb
Candied Green Beans With tomato, balsamic, brown sugar, onion
Sage and Mustard Crusted Pork Loin with apple/onion chutney
Yeast Rolls
Buttermilk Pound Cake with berries and chantilly cream on side

SATURDAY LUNCH BUFFET
Field Green Salad With mushrooms, red onion, feta, sundried tomato, crouton (on side), and basil vinaigrette
Beurre Blanc Rice with fin herb
Garlic Roasted Broccoli with chili flake and olive oil
Citrus Marinated Chicken with rosemary beurre blanc
Yeast rolls
Espresso Double Chocolate Chip Cookies

Meals provided by Barley to Rise, a catering ministry housed at Belmont UMC.